

FOR IMMEDIATE RELEASE

FOR: Time for Lyme, Inc. and BLAST

Contact: Melissa Chefec, MCPRC Public Relations 203-968-6625

**TWO LOCAL RESIDENTS SHARE TIPS ON LYME DISEASE
PREVENTION AT WILTON LIBRARY ON MAY 26**

Wilton, CT, May, 2010 --- Now that tick season is upon us, two Wilton residents are spreading the word about the importance of Lyme disease prevention. Eileen Rice, a volunteer with the Ridgefield Health Department's BLAST Program, and Deborah Burnaman, vice president of education on the Time for Lyme, Inc. Board, will present the BLAST prevention program along with a short film from the Time for Lyme curriculum.

"Both Deborah and I know first-hand the devastating effects of tick-borne diseases," said Ms. Rice. "We live in a Lyme-endemic area and we all need to become better educated about protecting ourselves and our children from these debilitating and insidious diseases."

"Our goal, said Ms. Burnaman, "is to show adults and children how to take proactive steps that will reduce their risk of infection. It's critical to be able to identify early symptoms before health problems escalate."

The free Lyme disease prevention seminar is co-sponsored by the Wilton Library, BLAST, and Time for Lyme, Inc. The BLAST program was developed by the Ridgefield Health Department and has been endorsed by the Centers for Disease Control (CDA) and the Connecticut Department of Public Health. Time for Lyme, Inc., a nationally recognized nonprofit organization based in Greenwich, CT, is dedicated to funding research into tick-borne illness and to promoting educational, prevention, and support programs in the community and in school districts nationwide.

Participants must register in advance for the seminar. Please call the Wilton library at 762-3950 or register on line at www.wiltonlibrary.org/events. For more information about Lyme disease and other tick-borne diseases, visit www.timeforlyme.org. For questions regarding the BLAST program, email blastlyme@ridgefieldct.org.

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